



**ITF ENGLAND  
NATIONAL  
CHAMPIONSHIPS  
8TH FEBRUARY 2025**

**ITF ENGLAND**

# ITF ENGLAND NATIONAL CHAMPIONSHIPS

## 8<sup>th</sup> FEBRUARY 2025

**ENTRY CLOSES: Sunday 2<sup>nd</sup> February at 23.59**

Only members affiliated to ITF England are eligible to participate. This event is only open to England affiliates so every medallist is an official ITFE English Champion for that year.

### AGE RANGES – Male and Female Categories split

- Child: (born in 2016 or after)
- Cadet: (born in 2013, 2014 or 2015)
- Pre-Jnr: (born in 2010, 2011 or 2012)
- Jnr: (born in 2007, 2008 or 2009)
- Adult: (born from 1989 to 2006)
- Senior: (born in 1988 or before or can choose to enter the Adult category but cannot do both & must use 1989 as the year of birth)

### ENTRY FEES

Affiliates can only enter as individual clubs rather than as an Association. Apply with your school name and instructor, once accepted you will be able to apply to enter this event. Instructors will receive a unique login and password to access their account.

#### Colour Belts

Child/Cadet (& BB Cadets)/Pre-Junior/Junior/Adult/Senior (& Snr BB) £40

#### Black Belts

Pre-Junior/Junior/Adult (up to 4 events) £50

### COMPETITOR ATTIRE

All competitors must wear a white ITF dobok showing the ITF logo from the ITF affiliated to the ITF <https://itfkd.sport> (no traditional doboks) from an ITF approved supplier that displays this logo.



The exception is in the case a group that has recently joined ITFE and will be upgrading their dobok within 12 months of joining. Doboks with National Team names (ie England) and national flags are not allowed and must be covered. Junior black belts must have a white stripe through the middle.



Failure to comply with the above will result in the competitor being unable to compete.

For very young competitors from a kids program, they will be allowed to wear the belt from that program (with stripes and tags), however it's essential they are only registered in the appropriate categories i.e. 10<sup>th</sup>/9<sup>th</sup> kup.

### SPECTATOR FEES

Paid for on the day. Spectators cannot enter the competition area.

4yrs and under	Free
5-15yrs	£3
16yrs+	£5

## COACHES FEES

Each club will be allocated a number of coach bands based on the number of competitors they have taking part. The cost for a Coaches pass is £10 per coach. Competitors may coach one another at no charge only if they are wearing the appropriate coaching attire. You will be able to add your coaches on your account. For colour belts coaches are not a requirement, however for Pre-Junior (red belts), Cadet and Adult black belts, coaches are a requirement in sparring.

### Coach min age 12yrs, Coach must be licenced and in TKD training

1-5

Competitors	2 Coach Bands
6-10 Competitors	3 Coach Bands
11-20 Competitors	4 Coach Bands
21+ Competitors	6 Coach Bands

Coach Bands are not transferrable.

## COACHES ATTIRE

Club T-shirt, track suit trousers, socks, training shoes and a towel. No coaching in dobok/sliders allowed.

## REFEREES

All clubs are requested to appoint the appropriate number of black belt umpires. Those black belts with no umpire training can still be used in helping the rings to function.

1-10 Competitors	1 Umpire
11-20 Competitors	2 Umpires
20+ Competitors	3 Umpires

Clubs must pay a fine of £100 per missing umpire for their competitors to be able to participate. Please encourage more umpires to participate so we can ensure a smooth running of the event.

Selected National Team Members must umpire in the morning before competing in the afternoon.

## DRAW SYSTEM FOR PATTERN AND SPARRING

The traditional pyramid system will be used and where possible the tournament committee will seed the competitors in the black belt categories. Clickers will be used for both events.

There will be up to 1 gold, 1 silver and up to 2 bronze medals available for each division unless in special technique or power test where just one bronze medal will be available. These special medals are custom made, exclusive ITF England medals.

Only medals that are won can go towards points for overall competitors and Club awards. Medals can still be handed out in categories of 4 or less, but will not count towards overall points. Overall champions from each age range and from all three events will receive a special overall trophy. There will be 3 overall club trophies for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place. This is only available for clubs and not for associations who amalgamate students under one name.

By competing in this event, competitors will:

- Wear white official ITF dobok with approved branding (no country name)
- Pre-Junior and Junior Black belts wear a black belt with a white stripe
- Accept the competition schedule which may change
- Accept that the organizers may modify/merge a division and/or category based on the number of competitors by one division/category
- Accept the ITF Rules unless they differ according to these rules

## SCHEDULE

### Friday 7<sup>th</sup> February (at The Dolphin)

18.00–20.00 Early registration and weigh in (all ages and grades)

### Saturday 8<sup>th</sup> February

8.30am Umpires arrival

8.30am–9.30am Registration for Child, Cadet, Pre-Junior and any umpires competing in the afternoon

8.45am Umpire Meeting

9.30am Coaches Meeting

10am Competition starts for Child, Cadet, Pre-Junior (Colour Belts, any Cadet black belts will compete at this time)

12pm–2pm Registration for Pre-Junior Red Belts & Black belts, Junior, Adults & Seniors (colour belts and black belts)

2.30pm Competition starts for Adults & Seniors Colour Belts/Black Belts

5.00pm Competition starts for Pre-Junior, Junior, Adult Black Belts

**PLEASE NOTE TIMES MAY CHANGE, THIS SCHEDULE IS APPROXIMATE**

## VENUE AND DIRECTIONS

### VENUE

The Dolphin Leisure Centre, Haywards Heath, RH16 1LY  
(score.lateral.questions – What3Words)

Tel: 01444 457337

### AIRPORT

The closest airport to Haywards Heath is Gatwick which is just 12.7 miles away (25 minutes by car)

### TRAIN

There is a train station which is within .3 miles from the venue that servicing London Victoria, Cambridge and Brighton. You can also travel to Haywards Heath directly by train from Gatwick airport that takes 10mins.

<https://www.southernrailway.com/journey/gatwick-airport-to-haywards-heath>

## **PARKING**

Car Parking is a serious issue at The Dolphin Leisure Centre as the car park is extremely busy most of the time. Therefore there will be limited parking for our event. Chargeable parking is available nearby and at the multi storey car park in Haywards Heath Station just a 5-7 minute walk away. Or you can also use the Town Centre's car parks.

Care Park - Haywards Heath Car Park, Harlands Rd, Haywards Heath RH16 1PG

NCP Harlands Road Car Park, Harlands Rd, Haywards Heath RH16 1LS

**HOTEL** Please book early

**Premier Inn Haywards Heath (.5 miles from the venue)**

**10 mins walking distance from the venue**

<https://www.premierinn.com/gb/en/hotels/england/west-sussex/haywards-heath/haywards-heath.html?ARRdd=14&ARRmm=10&ARRyyy=2023&NIGHTS=1&ROOMS=1&ADULT1=2&CHILD1=0&COT1=0&INTTYP1=DB&BRAND=PI>

**Birch Hotel Haywards Heath (1.7 miles from the venue)**

[https://www.booking.com/hotel/gb/birchhotel.html?selected\\_currency=GBP&label=olr%3ACjwKCAiAjPyfBhBMEiwAB2CCitCznlGhzSX9g2qH3sDAZDTah6B1CC4lrMo4YA7vSFtztjelu9NfBoCVV8QAvD\\_BwE&checkin=2023-10-14&auth\\_success=1&checkout=2023-10-15&aid=1250365](https://www.booking.com/hotel/gb/birchhotel.html?selected_currency=GBP&label=olr%3ACjwKCAiAjPyfBhBMEiwAB2CCitCznlGhzSX9g2qH3sDAZDTah6B1CC4lrMo4YA7vSFtztjelu9NfBoCVV8QAvD_BwE&checkin=2023-10-14&auth_success=1&checkout=2023-10-15&aid=1250365)

**The Wheatsheaf Inn Cuckfield (1.1 miles from the venue)**

[https://www.booking.com/hotel/en/italy/hickstead.html?highlighted\\_blocks=615631802\\_242358418\\_2\\_1\\_0;hpos=1;matching\\_block\\_id=615631802\\_242358418\\_2\\_1\\_0;no\\_rooms=1;req\\_adults=2;req\\_children=0;room1=A%2CA;sb\\_price\\_type=total;sr\\_order=popularity;sr\\_price\\_block\\_s=615631802\\_242358418\\_2\\_1\\_0\\_8415;sr\\_epoch=1677689748;srpvid=a2bb77087a150305;type=total;ucfs=1&#hotelTmpl](https://www.booking.com/hotel/en/italy/hickstead.html?highlighted_blocks=615631802_242358418_2_1_0;hpos=1;matching_block_id=615631802_242358418_2_1_0;no_rooms=1;req_adults=2;req_children=0;room1=A%2CA;sb_price_type=total;sr_order=popularity;sr_price_block_s=615631802_242358418_2_1_0_8415;sr_epoch=1677689748;srpvid=a2bb77087a150305;type=total;ucfs=1&#hotelTmpl)

**Travelodge Hickstead (6.2 miles from the venue)**

[https://www.travelodge.co.uk/hotels/35/Hickstead-hotel?checkIn=05/03/2023&checkOut=06/03/2023&rooms\[0\]\[adults\]=2&rooms\[0\]\[children\]=0&utm\\_source=GHF&utm\\_medium=GHF&utm\\_campaign=GB0722GHF](https://www.travelodge.co.uk/hotels/35/Hickstead-hotel?checkIn=05/03/2023&checkOut=06/03/2023&rooms[0][adults]=2&rooms[0][children]=0&utm_source=GHF&utm_medium=GHF&utm_campaign=GB0722GHF)

**Premier Inn Uckfield (11.2 miles from the venue)**

<https://www.premierinn.com/gb/en/hotels/england/east-sussex/uckfield/uckfield.html>

**THERE ARE VARIOUS HOTELS IN THE GATWICK AREA THAT IS JUST 20 MINUTES AWAY BY CAR**



## CATEGORIES & EVENTS

### PATTERN

10<sup>th</sup>/9<sup>th</sup> Kups can choose between Saju Jirugi, Saju Makgi and Chon-Ji

8<sup>th</sup>/7<sup>th</sup> Kups will perform a designated pattern of Dan-Gun or Do-San

6<sup>th</sup>/5<sup>th</sup> Kups will perform a designated pattern of Won-Hyo or Yul-Gok

4<sup>th</sup>/3<sup>rd</sup> Kups will perform a designated pattern of Joong-Gun or Toi-Gye

2<sup>nd</sup>/1<sup>st</sup> Kups will perform a designated pattern of Hwa-Rang or Choong-Moo

#### **Child Male and Female separated**

Separated into all belt colours – 1 designated pattern (of the lowest grade, except in the white belt division which is optional)

#### **Cadet Male and Female separated**

Separated into all belt colours – 1 designated pattern (from their belt colour except in the white belt division which is optional)

#### **Pre-Junior Male and Female separated**

Separated into all belt colours – 1 designated pattern (of the lowest grade except in the white belt division which is optional)

Black Belts – 1 designated pattern from the lowest degree

#### **Junior Male and Female separated**

Separated into all belt colours – 1 designated pattern (of the lowest grade) Black Belts separated in degrees – 1 designated pattern from the three degree patterns or from the lowest degree if merged.

#### **Adult Male and Female separated**

Separated into all belt colours – 1 designated pattern (of the lowest grade) Black Belts separated in degrees – 1 designated pattern from the three degree patterns or from the lowest degree if merged.

#### **Senior Male and Female separated**

Separated into all belt colours – 1 designated pattern (of the lowest grade) Black Belts – 1 designated pattern from the lowest degree

In the case any belt colours are merged the higher grade must perform the same pattern as the lower grade. In the case it is against a competitor from the white belt category, that competitor will announce whether they will perform Saju Jirugi, Saju Makgi or Chon-Ji and the higher belt must match that. Please ensure your competitor know the pattern for their grade.

## SPARRING

### Child Male and Female separated – 1 round of 60 seconds

Up to 120cms/125cms/135cms/145cms/over 145cms

White/Yellow	Green/Blue/Red
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### Cadet Male and Female separated – 1 round of 60 seconds

Up to 135cms/145cms/155cms/165cms/over 165cms

White/Yellow	Green/ Blue	Red/Black
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The above belt combinations may change depending on the entries.

**Pre-Junior Male – 1 round of 90 seconds**

-42 kg/ -49 kg/ -56 kg/ -63 kg/ over 63

White/Yellow	Green/Blue
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**Pre-Junior Male – 2 rounds of 120 seconds**

-40 kg/-45kg /-50kg /-55kg/-60kg/-65kg/ over 65kg

Red/Black
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**Pre-Junior Female – 1 round of 90 seconds**

-36 kg/ -42 kg/ -48 kg/ -54 kg/ over 54kg

White/Yellow	Green/Blue
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**Pre-Junior Female – 2 rounds of 120 seconds**

-40 kg/ -44 kg/ -48 kg/ -52 kg/ -56kg/ -60kg/ over 60kg

Red/Black
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**Junior Colour belt Male – 1 round of 120 seconds**

Up to 55 kg/ over 55 to 65 kg/ over 65 to 75 kg/ over 75 kg

White/Yellow/Green	Blue/Red
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**Junior Colour belt Female – 1 round of 120 seconds**

Up to 45 kg/ over 45 to 55 kg/ over 55 to 65 kg/ over 65 kg

White/Yellow/Green	Blue/Red
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**Junior Black belt Male – 2 rounds of 120 seconds**

Up to 50 kg/ over 50 to 55 kg/ over 55 to 60 kg/ over 60 to 65 kg/  
over 65 to 70 kg/ over 70 to 75 kg/ over 75 kg

**Junior Black belt Female – 2 rounds of 120 seconds**

Up to 45 kg/ over 45 to 49 kg/ over 49 to 53 kg/ over 53 to 57 kg/ over 57 to 61 kg/ over 61 to 65 kg/ over 65 kg

**Adult Colour belt Male – 1 round of 120 seconds**

Up to 68 kg/ over 68 to 76 kg/ over 76 to 84 kg/ over 84 kg

White/Yellow/Green
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Blue/Red
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**Adult Black belt Male – 2 rounds of 120 seconds**

Up to 57 kg/ over 57 to 63 kg/ over 63 to 69 kg/ over 69 to 75 kg/ over 75 to 81 kg/ over 81 to 87 kg/ over 87 kg

**Adult Colour belt Female – 1 round of 120 seconds**

Up to 50 kg/ over 50 to 60 kg/ over 60 to 70 kg/ over 70 kg

White/Yellow/Green
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Blue/Red
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**Adult Black belt Female – 2 rounds of 120 seconds**

Up to 50 kg/ over 50 to 55 kg/ over 55 to 60 kg/ over 60 to 65 kg/ over 65 to 70 kg/ over 70 to 75 kg/ over 75 kg

**Senior Male – 1 round of 90 seconds**

Up to 68 kg/ over 68 to 76 kg/ over 76 to 84 kg/ over 84

White/Yellow/Green
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Blue/Red
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Black Belts
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**Senior Female – 1 round of 90 seconds**

Up to 60 kg/ over 60 to 67 kg/ over 67 to 74 kg/ over 74

White/Yellow/Green
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Blue/Red
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Black Belts
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## WEIGH IN

All competitors must height check/weigh in wearing a T shirt and dobok trousers only. A tolerance of .5kgs is allowed when weighing in. All competitors must be within their height/weight class, it will be possible to edit these details online up until the closing date. Any changes in weight class on the day of competing can incur a £10 charge.

## COMPETITOR PROTECTION REQUIREMENTS

This is mandatory for each age category. Groin guards are compulsory for male competitors over 135cms. Glasses cannot be worn during the Sparring event unless they are specific sports glasses for contact sports.

**Child/Cadet:** Mouth Guard, Head Guard, Closed fingered gloves, Groin guard (Male over 135cms), Feet Pads, Shin Guards

**Pre-Jnr/Jnr/Adult/Senior:** Mouth Guard, Head Guard, Closed fingered gloves, Groin guard (Male), Feet Pads (Shin pads are optional)

Mouth guards can be any colour and sparring gear does not need to be from an approved supplier, however they must follow the below standards:

- All Sparring gear must be in reasonable condition, if any equipment is falling apart then the competitor will have 3 minutes to change it.
- Closed fingered gloves: The thumb must be securely attached to the rest of the glove.
- No boxing gloves allowed
- No dipped foam sparring gear is allowed except head guards.
- Boots must cover the toes and heel.
- Groin guards must be worn on the inside of the trousers.

## CONTACT RULES

Light contact rules apply, contact to the face is allowed in all age categories, however any hard contact to the face or body especially in the 11yrs and under age categories can result in a foul or immediate disqualification. For safety reasons we want to encourage all Child & Cadets to aim towards hitting the headguard rather than the face with light contact. 11yrs and under are not allowed to kick in a straight line to the face. This can result in a foul or immediate disqualification if deemed dangerous.

## SPECIAL TECHNIQUE – Flying High kick for colour belts and Cadet BB's

### Child/Cadets Colour Belts

Flying High Kick Starting height is the height category + 10cms (an extra 10cms for +155cms and +165cms)

**PLEASE NOTE:** 2 attempts allowed one after the other on each round and each technique, no measure (pre-judge)

### Child separated Male and Female and by height all grades together

Up to 120cms/125cms/135cms/145cms/155cms/over 155cms

### Cadet separated Male and Female and by height all grades together

Up to 125cms/135cms/145cms/155cms/165cms/over 165cms

### Pre-Junior Male separated by 3 belt groups W/Y & G/B & Red

TECHNIQUE (starting height)	White/Yellow	Green/ Blue	Red
Flying High Front Kick	190cms	200cms	210cms

### Pre-Junior Female separated by 3 belt groups W/Y & G/B & Red

TECHNIQUE (starting height)	White/Yellow	Green /Blue	Red
Flying High Front Kick	160cms	170cms	180cms

### Junior Male separated by 2 belt groups W/Y/G & Blue/Red

TECHNIQUE (starting height)	White/Yellow/Green	Blue/Red
Flying High Front Kick	210cms	220cms

### Junior Female separated by 2 belt groups W/Y/G & Blue/Red

TECHNIQUE (starting height)	White/Yellow/Green	Blue/Red
Flying High Front Kick	190cms	200cms

## RULES

### All Child/Cadets/Pre-Juniors/Juniors Colour belts

Each competitor will get two attempts at hitting the flying high kick (using the ball of the foot). 3 points will be awarded if they kick the board all the way back with the high kick. If the board only goes half way then just 1 point will be awarded. Those with the most points go to the next round.

If the competitor misses the target then they will get a 2<sup>nd</sup> go straight away. If they just move the board half way and the umpires award 1 point then the competitor can choose to go again and better that attempt. If they miss on the second attempt then they will have 1pt for that technique.

The competitors will keep going higher until the winners are decided.

### Pre-Junior Black Belts

TECHNIQUE (starting heights)	Male	Female
Flying High Front Kick	220cms	190cms
Flying Turning Kick	200cms	170cms
Flying Reverse Turning Kick	180cms	160cms
Flying 360 Back Kick	180cms	160cms
Flying High Side Kick	110cms	90cms

### Junior Black Belts

TECHNIQUE (starting heights)	Male	Female
Flying High Front Kick	240cms	210cms
Flying Turning Kick	220cms	190cms
Flying Reverse Turning Kick	200cms	170cms
Flying 360 Back Kick	200cms	170cms
Flying High Side Kick	120cms	100cms

## Adult Black Belts

TECHNIQUE (starting heights)	Male	Female
Flying High Front Kick	250cms	220cms
Flying Turning Kick	230cms	200cms
Flying Reverse Turning Kick	210cms	180cms
Flying 360 Back Kick	210cms	180cms
Flying High Side Kick	130cms	110cms

## RULES

### All Under Pre-Junior/Junior/Adult Black belts

All Black Belt competitors in the above categories will have 1 measure (pre-judge) then one attempt on each technique. Everyone completes each technique in the above order with the first three techniques in a row i.e. all competitors perform Flying High Front Kick , Flying Turning Kick & Flying Reverse Turning Kick first, then all competitors perform Flying 360 Back Kick and Flying High Side Kick.

In the case of a draw after all techniques have been completed the Jury President will chose one technique at random as the decider for the next round until the winners are decided.

## POWER TEST

### Adult Male separated 2 belt groups Y/G/B & Blue/Red

TECHNIQUE	White/Yellow/Green	Blue/Red
Front Elbow/Knifehand Side Strike	Secret Choice	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice	Secret Choice

### Adult Female separated 2 belt groups Y/G/B & Blue/Red

TECHNIQUE	White/Yellow/Green	Blue/Red
Front Elbow/Knifehand Side Strike	Secret Choice	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice	Secret Choice



### Senior Male separated 2 belt groups Y/G/B & Blue/Red

TECHNIQUE	White/Yellow/Green	Blue/Red
Front Elbow/Knifehand Side Strike	Secret Choice	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice	Secret Choice

### Senior Female separated 2 belt groups Y/G/B & Blue/Red

TECHNIQUE	White/Yellow/Green	Blue/Red
Front Elbow/Knifehand Side Strike	Secret Choice	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice	Secret Choice

### Senior Male Black Belts

TECHNIQUE	Black Belts
Forefist Punch/Knifehand Side Strike	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice

### Senior Female Black Belts

TECHNIQUE	Black Belts
Front Elbow/Knifehand Side Strike	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice

### RULES

Adult/Senior Colour Belts and Senior Black Belts select two techniques from the choices, one hand and one foot and they also choose the number of boards secretly to the Centre Referee prior to the start. In the event of a draw, competitors will have to perform the techniques that they have not chosen in the second round and again give the number of boards to the umpire. Both techniques will be required. If there is still a draw then the Jury President will select a technique at random and the number of boards until the winners are decided.

## Junior Black Belts

TECHNIQUE	Male	TECHNIQUE	Female
Forefist Punch	1 Board	Front Elbow Strike	1 Board
Knifehand Strike	2 Boards	Knifehand Strike	1 Board
Side Piercing Kick	3 Boards	Side Piercing Kick	2 Boards
Turning Kick	2 Boards	Turning Kick	1 Board
Reverse Turning Kick	1 Board	Reverse Turning Kick	1 Board

## Adult Black Belts

TECHNIQUE	Male	TECHNIQUE	Female
Forefist Punch	2 Boards	Front Elbow Strike	1 Board
Knifehand Strike	2 Boards	Knifehand Strike	1 Boards
Side Piercing Kick	3 Boards	Side Piercing Kick	2 Boards
Turning Kick	2 Boards	Turning Kick	2 Boards
Reverse Turning Kick	2 Boards	Reverse Turning Kick	1 Board

### RULES

All Junior & Adult Black Belt competitors will have 1 measure (pre-judge) then one attempt on each technique. Everyone completes each technique in any order they like.

Medals can only be given out to competitors who have gained some points. 2 Bronzes will only be awarded if the competitors are on the same number of points. If there is only one competitor in the division then they must score points to win the medal.

3 points for a broken board and 1 point for a bent board.

### Draws

Draws will only be created once all competitors have signed in on the ring as our system changes the draws automatically. You will have access to the schedule for each individual competitor and the number of competitors in each category once everyone is registered through the online portal that will be available at [www.itfengland.com](http://www.itfengland.com)

## REGISTRATION

Before individuals can register, their club must be listed. Therefore clubs looking to participate will need to apply by using the link on the main competition page at [www.itfengland.com](http://www.itfengland.com), once the club is registered then either the individuals can register themselves or instructors can choose to register their competitors themselves on the same page. It will be possible to edit all entries once listed online and the instructor will have access to their students entries. Payment must be made by the deadline on 2<sup>nd</sup> February 2025 by the club based on the number of entries they have on their system.

Competitor entry:

<https://gracchus.co.uk/fmi/webd/AETACompMaster?script=GoEntry>

Registration will be open from 1<sup>st</sup> December 2024 and closes on Sunday 2<sup>nd</sup> February 2025 at midnight.

## SPECTATOR INTERFERANCE

To ensure smooth running of the competition if any spectators, competitors or coaches are rude towards the organiser, referees or other competitors, then they will be asked to leave the competition venue immediately and risk that the competitor may be disqualified from all events including future AETA Competitions until further notice.

## PROTEST

There will be no protest fee. If a coach wishes to dispute a result please approach one of the Tournament Committee members and we will be happy to discuss it. If coaches are rude towards committee members they will not have the opportunity to put their point across. Parents cannot dispute a result with the umpires.

## PHOTOGRAPHY

We will have the professional photography company DE Photo taking pictures throughout the weekend. ITF England will also have their official photographer present, no other photographers will be allowed access to the floor.

## **INSURANCE**

Participation is at your own risk. The organisation is not responsible for any injuries which might happen during the event. We recommend that your competitors are in possession of an insurance, which covers any problem that might occur during traveling and participation to the event. Every competitor must be licenced with their association.

## **CONCUSSION**

Competitors that have received a concussion within 4 weeks of this event will not be able to participate. Please ensure the competitors are healthy before the closing date. By registering for this event you will be confirming that the competitor is healthy, concussion free and able to compete. You can remove competitors up until the closing on Sunday 2<sup>nd</sup> February.

## **WELFARE/SAFEGUARDING**

ITF England takes Welfare/Safeguarding very seriously and so we will have Welfare/Safeguarding officers at the event for any issues that may arise. These individuals will be presented at the beginning of the day so participants can recognise who they are.

## **POLITICAL STATEMENTS**

With many conflicts and varied opinions on sensitive subjects around the world we would like to ensure that everyone is comfortable competing in a purely TKD environment devoid of political or religious statements. A Taekwon-Do competition is not a platform for any statement outside of the Taekwon-Do world whatsoever therefore no flags, banners, insensitive T-shirts/clothing or leaflets etc.. will be allowed at this event. Club banners and National flags (without additional wording/logos) are welcome.